

GOLF JOURNEY MADEIRA - PORTUGAL

according to the Core-Balance FREE-RELEASE-Method® by and exclusively with Frank Drollinger

HOLIDAY DESTINATION

Madeira / Portugal

PortoBay Serra Golf Hotel ****



WHEN

August 25th to September 1st, 2018

BRIEF INFORMATION

Madeira Golf Intensive Training Journey according to the Core-Balance FREE-RELEASE-Method exclusively with Methods Developer Frank Drollinger

In the Morning: Golf Intensive Training according to the Core Balance FREE RELEASE method

Current Performance Analysis, Video Analysis, 3D Motor Training step by step, Mental - Swing - Programming 4.0, Short Game completes the training.

In the Afternoon: Golf Round on the 27 hole Santo da Serra Champions Course

The golf course has 27 holes, it is a very fair and very scenic golf course. The Santo da Serra Golf Course has a good driving range and great short game opportunities with gorgeous sea views. The course is at 700 meters altitude. At the end of August there is an average temperature of 25 degrees / 77 F. The service staff in the caddy room, pro - shop and restaurant know us and are very nice, warm and friendly.

PACKAGE INCLUDED

- 7 nights in a standard deluxe room half-board, with breakfast buffet and 3-menu, each course 2 dishes to choose
- Welcome Cocktail "Madeira"
- VIP Airport Transfer
- Transfer to the golf course
- Unlimited Golf on the Santo da Serra Champions Course (with guaranteed teetimes)
- Use of the exercise facilities, range balls included
- 6 Days Intensive Swing Technique Training from 9:30 am to 12:00 pm with Frank Drollinger, Master Head Pro of the Golf Biomechanics Academy
- Personal Company on the golf course by appointment
- Individual One-To-One Training with Frank Drollinger by appointment

- MD advice by orthopedic expert and Golf Medical Coach Dr. I. Heuberer (or an expert with a similar qualification)

TRAINING STARTS

August 26th, 2018:

Meeting Point 09:30 am at Driving Range with your own golf equipment

DEADLINE

Registration deadline for this trip is 15th of March 2018

COURSE FEES

from **1.595,00 € / \$ 1,995.00** per person in a double room (including VAT)

All amounts in Euros. Flight, tips and excursions and other paid services during the trip are not included.

Single supplement of 245,00 € / \$ 306.00 (please note!)

TRAVELING COMPANION

Frank & Andrea Drollinger (both Master Head Pro of the Golf-Biomechanic-Academy and Method Developer of the Core-Balance FREE-RELEASE-Method)

PLEASE BRING ALONG

Own golf equipment, comfortable golf clothes, own golf shoes, do not forget golf gloves!, sportswear, sports shoes, evening always comfortable clothes (casual)

WHO CAN PARTICIPATE

Golfers of all handicap classes

In the afternoon individual private lessons possible.

Special for Golf Instructors:

Certification to Golf-Biomechanic-Health & Performance-Pro (CBFR) possible. Please contact us.

MINIMUM NUMBER OF PARTICIPANTS

Minimum number of participants for the course is **6** people

REGISTRATION

Registration Forms for download or **Online Registration** can be found under "[Dates / Location](#)".

If you have any questions, you have the possibility to contact us at any time:

by e-mail: secretariat@free-release.com or golf.fortbildung@free-release.com

or by phone: +49 (7235) - 980 300